



SCANDINAVIAN LIVING CENTER & SCANDINAVIAN CULTURAL CENTER

NEWS + EVENTS

SPRING 2022

CULTURAL CENTER RECAP

See Page 10



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JOHN ELANDER**
Instrumental in
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A Message from Joe Carella

“We are ready to enhance the human connections and gathering opportunities for everyone”



OUR COMMUNITY IS ROOTED IN THE ACHIEVEMENTS OF OUR FOUNDING LEADERS; it is time to embrace their wisdom and blossom. When the Scandinavian Living Center was first designed and built, we were decades ahead of everyone. We not only introduced the concept of community-centered living, but now years later we are ready to enhance the human connections and gathering

opportunities for everyone. During the past several months we have been working with architects to redesign the common spaces and revamp all the apartments. Please enjoy the latest plans when we post them on our website or share them with you in future communications.

As we continue to thrive, your ongoing support is vital to the success of our future. The Fund the Future Campaign continues to grow through our community’s collective generosity. The cumulative effort through April 2022 is reported on page 5. Please see page 3 for ongoing ways to support our mission.

This past year we have seen an increase in the number of visits and tours as our

friends search for a vital place to live and a better way to connect to community. We all know about the detrimental impact isolation has on us. As we open up our doors and reconnect to the wider community, we hope you will join us as we celebrate the gift of human interaction.

We have enjoyed the implemented online shopping experience and pick up at the Kaffeestugan on designated Saturdays. This will become another enhancement to the Saturday Kaffeestugan “live” experience that we plan to bring back and open in September. Until then, enjoy some of our programs, not to mention our annual Ice Cream Social on Friday, June 17 in the afternoon. Be safe and thrive; the future awaits us all...

Joe Carella, Executive Director

A Message from Joyce Haglund



AS A YOUNG PROFESSIONAL, I was recruited to the board of Rice Eventide, a small not-for-profit nursing home in my hometown of Quincy. I loved the mission and grew to love the work, but what I really enjoyed was getting to know the residents. After a dozen years working with the Board, I was recruited to serve as Executive Director of the organization and now more than 20 years later am nurturing Rice Eventide’s next generation,

Fairing Way. The re-imagined nursing home on the campus, Dwyer Home, is surrounded by 211 independent senior apartments and the intergenerational neighborhood of Union Point, on the site of a former Naval Air Station. My favorite part of my job continues to be building relationships with the residents and the satisfaction of knowing what a positive difference the support of a caring community can make in their lives.

I’d known of the Scandinavian Living Center for many years and got acquainted with Joe through LeadingAge, so I was honored when invited to join the board. Both sides of my family emigrated from Sweden and the first time I stepped into the SLC, I immediately felt at home. The welcoming sense

of community was so attractive to me.

Working with the Board of Directors has been greatly rewarding and I’m looking forward to a busy year ahead. The Fund for the Future Campaign will fuel needed renovations to keep the SLC in the forefront of innovation and creative design for aging. The SCC offers a variety of opportunities to experience Scandinavian culture and arts right in our own back yard.

This is an exciting time. Join us for the Ice Cream Social on June 17th and I promise you’ll feel that sense of community too.

Joyce Haglund, President of the Board

Remembering John Elander



Every successful organization is nurtured by dedicated members who carry the dream of its founders into the future. John Elander was a leader whose steadfast commitment strengthened our Society’s ability to achieve.

In the late 1960s, John helped steer the Swedish Charitable Society through turbulent times and later became President of the Board in 1972. Years later, John was instrumental in hiring me, the Swedish Home’s youngest and first non-Scandinavian administrator. Empathetic to my situation, John would not allow me to mess up. During my early years, John not only was my immediate supervisor, he became a major supporter of my elder care research trips to Scandinavia.

When I brought my new ideas back to Newton, John was in my corner advocating for local and national elder care change. As we built the Scandinavian Living Center, John was an inspired member of the committee that worked with the architects and builders to incorporate many Scandinavian concepts into the Center’s design and operation.

John Elander was instrumental to the development of the Scandinavian Living and Cultural Centers as we enjoy them today. His vision, common sense, honesty, and kindness have become part of who I am. Like this organization, I have benefited from John’s strength.

—Joe Carella

Opportunities to Give

Give a Gift of Cash

To make a gift online, please go to www.slcenter.org and press the DONATE tab.

To mail a gift, please send your check in the enclosed envelope to:

Scandinavian Charitable Society of Greater Boston
206 Waltham St., West Newton, MA 02465

Please make checks payable to:
Scandinavian Living Center or
Scandinavian Cultural Center.

Gifts in Honor or Memory

Honor and remember the special people and moments in your life with a gift to Scandinavian Living Center. You can make a gift to remember a loved one, or to recognize the care that a family member

received here. You can also honor special occasions like birthdays, weddings and anniversaries. Be sure to include your name, address, phone number, name of the person or event being honored or memorialized and the name of anyone you wish to be notified of your gift.

Double Your Donation with a Matching Gift

You may be able to increase or even double your gift’s value if your company has a matching gift program. Some companies also match gifts made by retirees. Check with your Human Resources office to learn more.

Donate Stock

It’s easy to transfer stock through a broker to Scandinavian Charitable Society of Greater Boston. Please

contact the Executive Director at 617-964-6203 for more information.

Planned Giving

Please consider us in your estate planning. You may include the Scandinavian Charitable Society of Greater Boston in your will to have an impact beyond your lifetime. Bequests, charitable remainder trusts, gifts of annuities and life insurance all make it possible to continue to improve the lives of all our community.

However you choose to give, your gift will change lives of many community members. We are deeply grateful for your kindness and generosity.

For more information, please contact Joe Carella, Executive Director at 617-964-6203 or jcarella@slcenter.org

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1-99

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Supporters: \$100-999

Friends: \$1-99

*As of April 2022

Please excuse any errors and omissions and if we have inadvertently misspelled your name please accept our sincerest apologies and thank you again for your support.

Around Our Neighborhood

THE SCANDINAVIAN LIVING CENTER has an abundance of activities that residents and staff can enjoy! With more and more activities being offered each month, residents have a lot to choose from.



CELEBRATING Chinese New Year.



CORA'S PAINT class is a huge hit.



ARRANGING some beautiful flowers.



CELEBRATING Easter with an Egg Hunt



A VISIT from Barn Babies Traveling Petting Zoo.



OUR FIRST HELPSY clothing drive.



A BEAUTIFUL performance by Leona Cheung.



RESIDENTS ENJOYING musical bingo.



A MARDI GRAS celebration!



OUR ANNUAL Thanksgiving Pie Giveaway!



DECORATING for the holidays.

UPCOMING EVENTS

UPCOMING BLOOD DRIVES

There is an urgent need for all blood types! Sign up on our website at www.slcenter.org/upcoming-events/

JUNE 15, JULY 20
AUGUST 24, SEPTEMBER 14
OCTOBER 19
1pm-6pm

ANNUAL ICE CREAM SOCIAL

Join the SLC for our Annual Ice Cream Social! We will be serving Cabot's ice cream sponsored by the Village Bank.

JUNE 17
2pm-4pm

CLOTHING & HOME GOODS DRIVE

We are collecting: Shoes, Clothes, Accessories (hats, bags, scarves, etc.), Linens, Towels, Curtains, Throw rugs, Stuffed animals, Pots & Pans, Bakeware, Dinnerware, Small Appliances & Utensils

JUNE 25, JULY 23
AUGUST 13, SEPTEMBER 17
9am-12pm

For more information on upcoming events, visit www.slcenter.org/upcoming-events/

An Interview with Susan Paley



OUR THANKS TO SUSAN PALEY, Vice President of Community Relations at the Village Bank in Newton, for taking the time to chat with us about her special relationship with the Scandinavian Living Center over the past 15 years. As a lifelong Newton resident, she has always understood and supported our philosophy of community centered living - connecting the outside community to the residents here, thereby reducing their isolation and loneliness.

Even before Susan’s arrival, the Village Bank and the SLC enjoyed a productive partnership. Therefore, it goes without saying that we are honored to have such

a reputable institution as our long-term friend.

Of all the activities that the Village Bank has sponsored at the SLC, Susan’s favorite one is in the month of June, our annual Ice Cream Social dating back to 2008 and open to everyone. Cabot’s in Newton sends over the ice cream and all the fixings, and volunteers from the Village Bank scoop and serve. She loves getting to meet so many people, both residents at the SLC and members of the community who are welcomed in for some good old-fashioned fun. With all that delicious ice cream, who wouldn’t have a great time?

She went on to say that “Village Bank also sponsored the various Viking festivals and their wonderful community-building activities over the years. During the height of Covid, Joe Carella, always the one to dream up fun ways to engage the community, planned an outdoor Trick or Treat event for Halloween. He didn’t want the neighborhood kids to miss out on safe trick or treating, and he wanted the

SLC residents to have the opportunity to watch the kids having fun. Village Bank volunteers dressed up and gave out candy and Cabot’s gift certificates. As an unexpected surprise, we had a snowstorm that day. That really added to our fun.”

In addition, “The SLC, along with dozens of other organizations, is a collection spot for the Village Bank’s Annual Holiday Gift Drive which serves more than 200 families in our city. Thanks to the generosity of SLC residents, guests and so many others in the community, we are able to make the holiday season joyful for children whose families are experiencing financial hardship.”

Susan sees the partnership with the SLC as a “win-win” situation. The volunteers at Village Bank get to be part of the SLC community, and the residents of the SLC get to interact with friendly and upbeat

continued on page 9

Below Left: **TRICK** or Treat Event;
Below Right: **ANNUAL Ice Cream Social**



Carol Chudnofsky: Back at the SLC



IN 2020, AFTER WORKING AT THE SCANDINAVIAN LIVING CENTER for practically 18 years, thoughts of retirement from my position as Marketing Director were just starting to percolate. However, when the pandemic appeared and worsened by the summer, it made my decision easier to make. I felt comfortable that the SLC would be in good hands with newly hired Alie Mahar, Director of Community Development, and I knew I would miss so many of the residents as well as staff, but the time was right. I left at the end of August.

*INTERVIEW
continued from page 8*

visitors. In particular, she is always looking for new and different ways to engage with the community. “We believe that a business has a responsibility to give back to the cities and towns in which it operates. We are fortunate to have operated for more than 100 years here in Newton and see ourselves as truly a part of the fabric of this city. That meshes beautifully with the whole idea of community centered living. Village Bank and the SLC share the same view of the definition of community.” She goes on to say that the variety of events brings in friendly visitors and high-

It’s now almost two years later, and guess what? I’m back. Not in sales and marketing, of course...Alie is doing a great job at that, but a number of small jobs like occasional receptionist, facilitating a monthly Current Events class, writing some newsletter articles, and helping out at the Red Cross blood drives. It’s a few hours here and there, but the important thing is that I’m back with my SLC friends.

I always thought when someone retired, that was the end of that, but something about the SLC brought me back. The first words that come to mind are a warm and welcoming place to work as well as familiarity, safety, comfort and light. I had forgotten about the light, but when I walked in that first time back, the abundant brightness hit me all over again. Feeling the warmth of the sun coming through the windows of the Kaffestugan was very uplifting. The simplicity of the furnishings and flow and design of the architecture make this a wonderful place

quality programming which give people the opportunity to see our seniors as integral members of the greater whole. “By inviting neighbors and friends into the SLC for interesting, fun, cultural and educational programming, lives are enriched and bonds are formed.”

What Susan has enjoyed most about the partnership Village Bank has had with us is the number of people who participate. “It is especially exciting to watch Executive Director Joe Carella as he is one of the most passionate and creative advocates for eldercare that I know. There is always a fresh idea rolling around in his head, and it always benefits our seniors and their connection to the villages we call home.”

for anyone living here or visiting.

It’s good to see those residents again who were here before I left. They told me they feel lucky that the SLC took such good care of them during Covid; and now that things have eased up, they are happy to be getting back to normal and resuming their routines. I have enjoyed meeting new residents who appreciate the diverse activities, the creative dining options, friendly staff and care that they receive as well as the independence they are fortunate to enjoy.

The thing I notice most is that all the residents seem to look out for each other, just like a family. I guess that’s what I missed the most about driving into work each day...seeing the smiles on the faces of my SLC family. I’m glad to be back! I’m glad the Scandinavian Living Center is thriving once again.

Carol Chudnofsky

Happenings at the Cultural Center

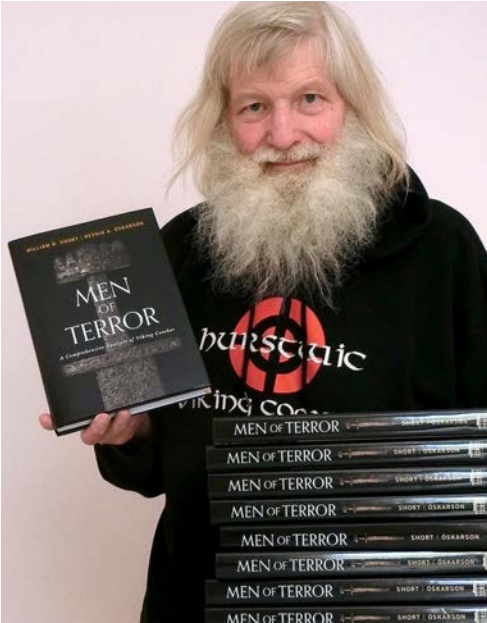
JANUARY at the SCC found us with all live events. We started with a documentary from award-winning, Swedish filmmaker, **Fredrik Gertten. Push** takes an in-depth look at the reasons that it has become increasingly difficult to be able to love in our cities. Push exposes the larger global entities effecting housing cost throughout the world and the people working to deter them. **The Scandinavian Library** next presented a film about Norwegian figure skater Sonja Henie in the **Sonja: The White Swan**. Henie, a three-time Olympic champion in women’s singles, a ten-time world champion and a six-time European champion who single-handedly transformed the face of figure skating forever. To close the month, we hosted a lecture by **Dr. William R. Short** to talk about his book: **Men of Terror – A Comprehensive Analysis of Viking Combat**. Dr. Short dispelled myths and elucidated truths about Viking combat from his 20+ year-long scientific study of the combative methods to a packed Nordic Hall.

FEBRUARY brought the return of two favorite Swedish performers, **Oskar Stenmark** and **Bruno Råberg**. With Bruno’s bass and Oskar’s horn



A-HA at Radio City Music Hall

the two provided an afternoon performance of some Swedish jazz greats and their own compositions. We hope this is not the last we see of this duo in our hall. We co-presented the film **The Pact** with the Library midmonth. The film from Danish director **Bille August**, portrays Out of Africa author **Karen Blixen** (pen name: Isak Dinesen) in 1948 when she presents a Faustian bargain to a young author. **CE Dill’s** exhibit in the Nordic Hall ended with the close of the month. Dill came to SCC through learning Norwegian with former board member **Luana Jøsvold**. While lessons have not resumed since the start of the pandemic, we do hope that they return! We closed the month working with **Finlandia Foundation of Boston** to celebrate **Sauna Week!** Our friend, **Mark Babson** of **Abundance Sauna**, who not only brought his adorable, wood-burning mobile sauna, but post sauna snacks and ice bath for those who dared! We look



DR. William Short

forward to celebrating with Finlandia for an even bigger celebration in 2023. A gorgeous new exhibit from **Jens Retlev** graced our hall walls in **MARCH**. Retlev, a Rhode Island resident, is of Swedish and Danish descent. His art features many Scandinavian themes, as well as sailing and nature. His opening was a wild success, and his show has brought the sale of EIGHT paintings to date. Our March documentary, **The Most Beautiful Boy in the World**, was a dark look into the effects of childhood stardom. In it we see the journey of Björn Andrésen who was proclaimed the most beautiful boy in the world by Italian director Luchino Visconti in 1971 when he was cast in the film Death in Venice and how he is today, fifty years later.

We couldn’t have been happier to have the return of **Linda and Al Miller** for a weekend of workshops

in our hall in **APRIL**. We’ve had the extreme pleasure of hosting the pair for **rosemaling and spoon carving** since 2016 when they first came to us via the **Vesterheim Museum** in Iowa! We learned that this would be the duo’s last workshop with us, but so excited to learn that her student **Sonja Ree Schmidt** has been passed the honor of continuing teaching the Norwegian tradition. We send congrats to the Millers and Sonja!

Midmonth I took a special field trip of sorts with Boston’s **Honorary Norwegian Consul, Tonje C. Gulbrandsen**. We traveled to New York City to meet with some other Norwegian organizations to discuss fostering more of a shared approach on the East Coast when it comes to

cultural activities. We first stopped at the **Norwegian Seaman’s Church** where we were greeted warmly by Pastors **Jofrid Landa** and **Geir Øy** with freshly made waffles and coffee. We enjoyed seeing their facility, hearing about their events, and touring the **Trygve Lie Gallery’s** current exhibit. We are looking forward to the start of much more collaboration in the future and even hope to host a holiday service in the Nordic Hall this year. Next, we popped up the street to the **Norwegian Consulate**. There we said hello to some familiar faces and got to meet new ones as well. Tonje and I learned more about how we could better utilize the information on upcoming cultural events scheduled to get the SCC added to tours. We concluded the day with seeing



PASTORS Jofrid Landa and Geir Øy of the Norwegian Seaman’s Church of New York



RETLEV OPENING



OSKAR Stenmark and Bruno Råberg

Norwegian pop legends, **A-Ha**, at **Radio City Music Hall**. While we didn’t make it backstage one of us may have walked away with a piece of signed memorabilia that is valued as priceless. We both walked away feeling energized and ready for a whole host of new initiatives.

We look forward to seeing you soon!

Kerry
SCC Director



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Subscribe to our email list for monthly updates on upcoming events at www.scandicenter.org

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- SINGLE \$75
- PLUS \$125
- FAMILY \$150
- STUDENT \$40 (full time students)
- Sign up at www.scandicenter.org

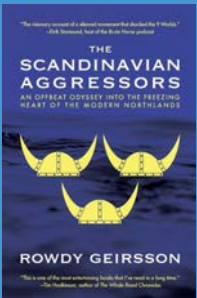
UPCOMING EVENTS



NEWTON ART ASSOCIATION’S NEW MEMBER EXHIBIT
On display through June

Free

*Masks Required

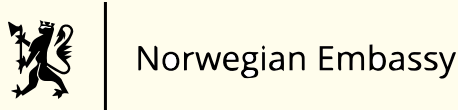


6.11.22 AUTHOR VISIT
An Afternoon with author of **The Scandinavian Aggressors** Rowdy Geirsson and friends

Check the website for details www.scandicenter.org

High Honors for President Emeritus Terje Korsnes

As an organization we have had a blessing riches to have many accomplished people involved in the support of our mission. Today we would like to highlight a special honor received by Board President Emeritus, Terje Korsnes. Terje was recently presented with a promotion to Commander of the Royal Norwegian Order of Merit by His Majesty, King Harald V of Norway and given by Norwegian Ambassador to the United States, Anniken Krutnes. We are so pleased to have had Terje’s support, not only in the past, but as he steers us into a new future for the organization. Please join us in congratulating Terje in this accomplishment.



Dear ladies and gentlemen, dear Terje,

It is a true pleasure for me to be here today and to be able to execute the decision made last year by His Majesty the King of Norway, when he promoted Terje Korsnes to Commander of the Royal Norwegian Order of Merit.

Terje, the background for this promotion is your invaluable assistance to Norwegians and your efforts to promote Norwegian-American relations in Massachusetts during your 29 years as Norway’s honorary consul.

The Norwegian government highly appreciates your dedicated work. As a center for Norwegian seafood imports to the United States, the consulate here is a very active one. As a pioneer in the efforts to import Norwegian salmon to Boston 40 years ago, you have shared your deep knowledge of the U.S. market with Norwegian businesses, be it in the seafood business or in other trades. You have been ready to share your knowledge, network and expertise with Norwegians and Norwegian companies entering the U.S. market, something that has been very valuable.

You and your staff have assisted thousands of Norwegian students, war veterans, and other Norwegians in every possible way, in addition to US citizens and third-states citizens. You have always efficiently followed up on requests in an excellent manner. You have gone above and beyond what is expected from an honorary consul, and for that we thank you.

I would like to recognize your efforts in sponsoring cultural exchanges and creating opportunities for shared understanding and interest between Norway and the U.S. One example is your contribution to the establishment of the Scandinavian Living Center in Newton and the two-day celebration of Scandinavian life and culture organized around the arrival of the Viking ships Gaia, Saga Siglar and the Oseberg in 1991. Such projects strengthen the knowledge of Norwegian history and society in the United States.

I have not personally had the pleasure of working with you, but I have been told that you approach tasks focusing on solutions, and that you care personally for everyone involved. We know your assignment as honorary consul has led to many warm and personal friendships, and that there are many people thankful for the services you have provided them. You have taken special care of some of the Norwegian war veterans, in particular.

In short, you have been an excellent representative for Norway.

Again, I would like to express my personal gratitude for the commitment you have demonstrated to your responsibility as an honorary consul for Norway. This has been an invaluable contribution to the promotion of Norwegian interests in Massachusetts these last decades.

It now gives me great joy to proceed to the formal conferral of the grade as Commander of the Royal Norwegian Order of Merit.

Anniken Krutnes, Norwegian Ambassador to the United States

Photo by www.elinphotography.com

Welcome to Our New Residents



ESTHER COREY
Esther Corey grew up in Providence, Rhode Island during the Great Depression’s challenging years. She recalls rollerskating through neighborhood streets when the weather was warm and tobogganing down city hills during winter. Esther remembers enjoying her uncle’s July Fourth backyard fireworks. And most assuredly, accompanying her aunt to a new Shirley Temple movie was very special.

As a student at the New England Bible Institute in Framingham, Massachusetts, Esther learned skills that enabled her to train local church leaders to be effective Christian education teachers.

Esther became her denomination’s children’s evangelism representative for New England. Setting up teacher-training conferences and conventions throughout our six state area has been a significant component of Esther’s professional career.

Partnered with her husband, a Protestant minister, Esther has been committed to supporting overseas mission work. The couple had opportunities to travel globally. They visited Japan; Rarotonga, a South Sea island; Singapore; India; Palestine; Italy; nations in Africa; and several other countries.

During the latter part of her professional career, Esther served as her denomination’s Director for Women’s

Ministries. In this role, Esther ran retreats and conferences that members of local church women’s groups attended to learn about the variety of ways in which their church members could support missionary families.

Esther is pleased to be mother of two and grandmother of five. She remembers visiting her aunt in The Swedish Home seventy years ago. Esther recalls that awhile back, as she was researching some residences to which she might move, she looked up The Swedish Home. “And it was still here”. And just the right size.



ROSS HOLMSTROM
Ross was born in Port Angeles, Washington in 1936. He and his siblings, John and Valerie, all grew up in Seattle. After high school, Ross enrolled in Electrical Engineering (EE) at the University of Washington (UW) and turned out for the rowing team. He also took ROTC. By his Junior year he was in the first boat on the rowing team (“the varsity”), was doing very well in his courses and was thinking about graduate school, perhaps Stanford whose graduate EE program was among the world’s best.

In 1956 Ross attended a party for his church’s youth group where he met Lynda, a very sweet, very shy high school senior. They danced and talked and discovered that they shared many interests, thus

starting what would become a lifelong romance and married in 1961.

In 1958 Ross finished his senior year, graduated with his BSEE degree plus his Army lieutenant’s bars from the ROTC program and went on to graduate school at Stanford.

In late 1963 Ross completed his doctoral studies and entered the Army to serve his two years on active duty. In 1964 the Army loaned Ross to NASA, which sent him to Cambridge, MA to help open a new Electronics Research Center (ERC). Lynda entered the doctoral program in Sociology at Brandeis University, would earn her PhD and would spend a 45-year career as professor at Boston College.

At Lowell Tech, later to become UMass-Lowell (UML), Ross taught some evening graduate courses to part-time EE graduate students and gave some lectures to the EE faculty.

In 1970 NASA ERC became the US Department of Transportation Systems Center (TSC) and Ross joined the Lowell Tech/UML EE Department while maintaining a part-time connection with the programs coming to TSC. He soon became the technical leader of TSC efforts to analyze and solve problems of electromagnetic interference (EMI) in rail transit systems. For 32 years he taught UML courses related to his EMI work, retiring from his professorship in 2002. He continued working on EMI problems for industry until retiring for good in 2019. Ross and Lynda raised two sons, helped babysit four grandchildren, skied winters, traveled summers, and most importantly, they had each other.

Suzanne Horgan, Fitness Specialist



SPRING HAS SPRUNG AND THE FITNESS CENTER IS BLOSSOMING!

We have a steady stream of people who are eager to remain active.

Residents show up reliably every week to walk on the treadmill, ride the NuStep, and perform strengthening exercises with our Keiser equipment, free weights, and resistance bands. Several residents have added in balance exercises with a goal of preventing falls and improving daily living.

I am particularly proud of our residents who are improving their agility with

the goal of getting off the walker! With ingredients like strength, practice, and confidence, we have the recipe for greater independence!

The twice weekly Balance and Strengthening Class has really grown. We meet in the Kaffe Stuga where the sun streaming in through the windows energizes us! By using the resistance band, we strengthen muscles in our upper and lower body. We further work on:

- body alignment/posture
- breathing techniques to calm us
- weight shifting side-to-side and back-to-front
- single-legged standing
- sit-to-stand

Our Walking Group continues to meet every Monday afternoon. As the weather improves, we will be able to move outside where we can enjoy the beautiful scenery outside our Center. Walks in our courtyard are always a treat when residents plant their gardens and we are able to watch the plants and flowers grow!

Balance has been reassessed. We will continue to use the Berg Functional Balance Scale every six months. Several residents have been able to improve their scores over the past year by diligently staying active. Congratulations!

For an added incentive, we now have a monthly fitness contest. The fun begins at the beginning of each month and continues until month's end. "Most classes attended," "most miles logged," and "most time spent in the Fitness Center" are just a few of the challenges we have recorded. Winners are posted everywhere to allow for bragging rights!!

I look forward to working with even more residents and helping everyone to thrive.

"It does not matter how slowly you go as long as you do not stop." ~ Confucius

Best in health,
Suzanne H



SPIRITUAL CARE AT THE SLC

focuses on inviting and encouraging residents, families, and staff to experience the sacred in many different ways. We offer spiritual and religious resources from many traditions to provide comfort, hope and a sense of God's love with us every day. We accompany people as they explore questions of faith, hope and meaning, or suffering and joy. We are there as they wrestle with their understanding of God or the sacred and holy, the

role of religion and spirituality in their lives, confront issues about death and dying, and much more. We provide individual pastoral care visits with residents (in person and by phone), and visit folks who are hospitalized and in rehabilitation programs. We also help residents stay connected with the faith communities. Right now, eight residents go to church on their computers!

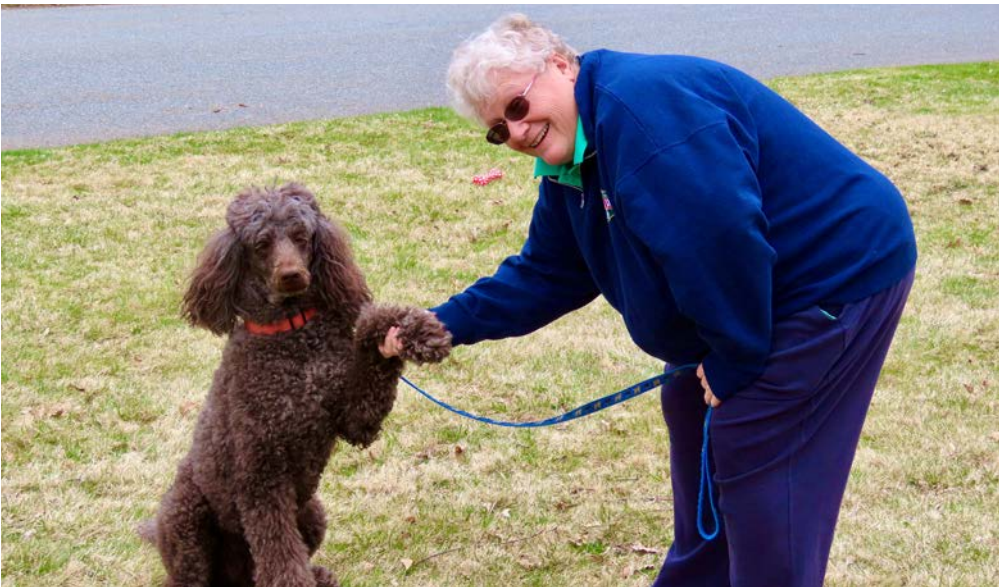
We provide a by-weekly interfaith prayer group, and a worship service lead by community clergy on the alternate weeks. I continue to offer our Seeing the Sacred Nature Photo Program twice a month. We have memorial services and holiday services including Thanksgiving, Christmas Eve, Hanukkah, Passover, Good Friday and Memorial Day.

Our team includes Rev. Diane Wong who has been a consistent monthly worship



leader for three years! Rabbi Matia Angelou leads our Hanukkah and Seder services. Chaplain Intern Fran Graveson is on campus eight hours a week and leads worship and the Prayer Group. Fran G. is the fourth Chaplain Intern we have had learning with us in 5 years. I continue to bring Jeannie, the ministry dog, with me when I visit on Tuesday's and am glad to be back in person! Please contact me if you have any questions about our Spiritual Care Program.

Peace,
Rev. Dr. Fran Bogle,
Interfaith Chaplain



Celebrating the Memory of our Friends

GERALDINE O'DOWD
LEANICE JOHNSON
JOHN ELANDER

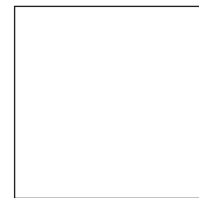
For your convenience, we continue to upload the latest news on our website at www.slcenter.org/news-media/. We also try to include the latest updates in our email blasts and on our Social Media pages!

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 instagram.com/ScandiCenter

Our Respite Care Program

Spring has arrived and summer is on the way! As families start to plan their vacations, remember that the Scandinavian Living Center's Respite Care Program is the perfect solution for those in need of short-term assistance. Whether a primary caretaker is going away on vacation or during recovery from an illness or injury, the Scandinavian Living Center is the place to be. During a respite care stay, elders can enjoy the comfort of home while their families enjoy complete peace of mind. Our beautiful, light-filled environment and unique concept of community-centered living makes us stand out among other assisted living residences. We offer a variety of individualized services so that residents can live their best and most independent lives.



- Life-enriching programs
- All-Day Dining
- Individualized fitness programs
- Wireless emergency response system
- 24-hour on-site staff
- Spacious and bright apartments
- Beautiful café that opens to outdoor patio

For more information or to schedule a tour, please call Alie Mahar at 617-467-3177 or email amahar@slcenter.org.