



Dear Doctor:

Your patient has applied for residency at the Scandinavian Living Center, an assisted living community in West Newton, Massachusetts.

Our assisted living plan offers help with dressing, bathing, ambulating, occasional incontinence, medication management and similar activities for up to one hour per day. We also offer our residents laundry and housekeeping services weekly.

Our staff **does not** offer any **skilled services** as we are **not** a medical facility. VNA services and Certified Home Health Care services are welcomed in our residence as ordered by a physician. A resident must be able to remain safe behind his or her closed apartment door.

Because our food service department maintains a low salt or NAS protocol in its food preparation, a patient on a low salt or NAS diet would not need to be classified as requiring a therapeutic diet at the Scandinavian Living Center. Please be aware that salt, pepper, sugar and sugar substitutes are always available as a choice for residents on our dining tables.

One of our residency application requirements is the submission of a completed Physician's Statement. An additional requirement for prospective residents who plan to participate in our fitness and strength training program is the submission of the related physician consent form. Thank you for helping us to determine whether the Scandinavian Living Center will be able to appropriately assist your patient to meet his or her health care needs.

Respectfully,

Judith Pannesi, L.P.N.
Wellness Director